

WALDO WALDMAN

Resilience Challenge

★ THE CHALLENGE IS IN THE CHOICE ★



MISSION OBJECTIVE: CHOOSE THE ROAD LESS TRAVELED FOR MAXIMUM GROWTH.

Winners never take the easy way out. They choose whatever pushes them beyond their comfort zone to grow. Embracing challenges and being willing to get uncomfortable in the process will help you reach your true potential.

★ ACTION ITEM #1 ★

Identify: List one decision or opportunity you are considering right now that you are uncertain about? List the positives and negatives of each choice.

★ ACTION ITEM #2 ★

Choose: Which option offers the best opportunity to learn and grow and achieve the long-term vision you have for yourself?

★ ACTION ITEM #3 ★

Visualize: Write down three specific ways in which the more uncomfortable choice make you a more confident, resilient, and capable leader.

FLIGHT LOG

Document your actions and progress below.